

## Preface and Introduction

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The purpose of this handbook is to assist all staff members and counselors in performing their responsibilities within the guidelines and the philosophy of Camp Ahava. All staff is responsible for being familiar with and following the guidelines covered in this manual. Please read this manual thoroughly, familiarize yourself with your responsibilities and act as exemplary role model at all times for our campers.

Although we realize that there is more than one right way to do a job, we have assured the parents of our campers that everything we do in camp will adhere to the contents of this resource manual. Each of us is in a position of the highest trust. Parents are placing their children's health, and safety, both physical and emotional, in our hands. There is no greater responsibility than ours. Don't let them down; don't let yourself down either. When you need help working with a camper individually or working within a group, do not hesitate to ask for help from those staff members who may have more experience than you. For those staff members who are more experienced, please be considerate to those who seek your help. We all strive to attain mutual goals. We are looking forward to a safe and fabulous summer!

## **Section 1:**

# **Philosophy and Objectives**

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**“There are little eyes upon you,  
and they watch you every day.**

**There are little ears that quickly  
take in every word you say.....”**

# Philosophy

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\* Camp Ahava believes camp time should be easy and natural. There must be ample opportunity for varied and flexible programming in a relaxed atmosphere. Although there is nothing wrong with competitive success, we believe that it is preferable to value personal growth and cooperation.

\* At the same time, Camp Ahava is designed and operated as a well organized, goal-oriented camping experience. We must make a conscious effort to see that each child is given the opportunity and direction to improve both physical and social skills. This includes the ability to relate effectively to both peers and adult leaders. We highly value and promote group experiences.

- Weekly programming is planned within the context of a Jewish atmosphere that permeates the camp programs in an informational fashion. We seek to provide the optimal environment for integrating both learning and fun combined.



# Goals and Objectives

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Each camper should be in an environment that will maximize his or her ability to:

## **Grow and Develop Physically**

- Improve old skills
- Extend current skills
- Learn new skills

## **Grow and Develop Intellectually**

- Enhance the camper's body of knowledge
- Be exposed to decision-making opportunities
- Encourage growth in all areas

## **Grow and Develop Emotionally**

- Extend the camper's body of knowledge
- Practice rites and customs
- Demonstrate respect and understanding for the views and religious beliefs of others

## **Did you know...?**



...Camp Ahava is licensed under the Maryland Department of Health and Mental Hygiene and Montgomery County Department of Health and Human Services. We meet the certification requirements of Montgomery County and the State of Maryland under the Youth Camp Law.

The extensive certification process includes an annual inspection, a criminal back ground check of staff members and volunteers, and compliance with dozens of rules and regulations in the areas of health, safety, and staff qualifications.

## How to Approach Our Goals

To implement Camp Ahava's philosophy and goals, we try to utilize real-life situations in the camp environment. Our program thrives on the interaction and participation of campers in the bunk as well as the counselor working with his/her campers. The development and adjustment of the individual is of primary concern. We want to help the camper to develop a healthy, wholesome personality. Campers need to expand their skills to enable them to participate in any given activity. Our emphasis is on helping each and every camper grow.



### Did you know...?



...There is nothing as important in a camper's growth as having a personable, warm-hearted, sincere counselor and staff member or volunteer who lives by principle and sets a good example! Every staff member is encouraged to show enthusiasm, cooperation, loyalty and reverence in all interactions with campers.

## **Section 2:**

# **Administrative and Daily Procedures**

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**“...There are little hands all eager  
to do everything you do.**

**And a little child who’s dreaming  
one day to be like you.”**

# Personnel Policies

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**\*\* If you're going to be late or absent, please call the Director by 8 a.m.**

Please try to find a suitable substitute for yourself if you know that you will be absent.

## Absence and Lateness

Each staff member will lose pay for each day absent. Early leaving and/or late arrivals that are cumulative will result in the loss of salary on a pro-rated basis. Absences that are not called in will be deducted as time-and-a-half days of employment for each day.

When you know of absence(s) or lateness in advance, notify your Director in writing.

## Salary Payment

Salary will be paid twice during the summer. There will be no individual exceptions to the regular pay schedules.

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# Arrival Procedures

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## Arrival Time

All staff is expected to be in their assigned areas and on duty - prepared to receive campers or set up for the day - no later than 8:45 a.m.

Staff members should report to the office for check-in, to receive messages and directions for the day. Please sign in each day at the staff attendance sheet located in front of the camp office.

## Dismissal Time

A typical camping day ends at 3:30 p.m. Staff members may leave at 3:45pm and once all of their campers have left. Bunk rooms must be straightened up beforehand and chairs put up on the tables. Any child that is not picked up by 3:45 must be escorted to After Care by the Counselor in charge.

## Breaks During Camp



From time to time, you may ask to have a break after speaking with the Director. Please use this time in an appropriate and responsible manner. Carefully choose a spot to relax that will not distract or disturb anyone else at camp.



# Personnel Policies

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## Leaving Camp Grounds

Leaving camp grounds during the duration of camp must **always** be approved by the Camp Director. Failure to comply may result in termination of a staff member's employment.

## Appropriate Attire

Any clothing that is sexually explicit, calls attention to drugs or alcohol, advocates violence and/or hatred, promotes a religious or political stance, or contains questionable language is prohibited.

Remember, we must respect our environment as our camp is located in an orthodox synagogue.

For your safety, we only permit closed-toe shoes. At the pool, however, you may wear open toe shoes.

It is mandatory to wear the camp T-shirt on all camp work days.

## Phone use and messages

Please inform your family and friends that only emergency calls and messages for counselors and staff members will be handled during camp. Cell phones may be used during an authorized break. During working hours, counselors and staff may not speak on their phone unless the matter is urgent.

## Sexual Harassment

Sexual harassment is defined as: unwelcome sexual advances, requests for sexual favors, slurs, jokes and other verbal or physical conduct of a sexual nature. Key to this definition is the word "unwelcome."

In other words, whether a given behavior is or is not considered sexual harassment is only determined by the recipient of the behavior and not by the individual initiating the behavior.

Please contact the Camp Director if you are dealing with any of these issues.

## Prohibited Activities

**Wagering** (betting) and the open discussion of wagering are not permitted at Camp Ahava. This prohibition applies to both campers and staff. Staff members are expected to stop any violations of this policy that they may observe. If this violation should reoccur, it should be reported to the Camp Director.

**Smoking** is prohibited anywhere at anytime, on or off the camp grounds during camp hours.

**Possession** and/or use of any drugs, alcohol or other illegal substances are prohibited on any camp property at any time. Violation of these restrictions will cause for immediate termination of employment, notification of your references, and contact with your family. If you are a minor, it may be cause of possible legal action under the "Drug Free Zone" law.

## Disabilities

The Americans with Disabilities Act (ADA) assures handicapped persons the same access to camping and employment as everyone else. We are expected to take reasonable steps to accommodate campers and staff and volunteers that have disabilities. Exhibit sensitivity and try to teach our campers respect for all persons without regard to outward differences.

## Visitors

Family members may visit and tour camp during the summer season to observe the activities of the day. All camp guests must wear a visitor's badge. If they do not have a visitor's badge, please remind them to go to the camp office to get one. Family members may remain only for the length of time permitted by the camp Director. You may contact the Director if a parent's visit becomes an issue.

## Custody

1. The camp follows only the direction of the custodial parent and/or legal guardian with respect to issues of parental custody and visitation.
2. In cases of joint custody, the camp follows only the directions of the parent that has signed the camper's application.
3. Only camp staff may release a camper at any time. If any visitor attempts to remove any child from camp, contact the Director immediately.

## Morning Mifkad & Announcements

1. Head counselors will take attendance daily with the blue attendance folder.
2. Mark "X" for present, and "A" for absent.
3. Counselors should collect all lunch bags from camper's and place them in the refrigerator marked with your bunk number.
4. Check camper's backpacks daily for any notes. Bring notes to the Camp Office/Director.
5. Opening exercises:
  - a. Tefillah (morning prayers) will begin at 9:05 a.m. in the Main Room. All campers will attend Mifkad & announcements in the Main Room at 9:20.
  - b. Be sure to take attendance in your Bunk room every day after morning prayers.

# Departure Procedures

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## Dismissal Time

All bunks should plan an organized closing exercise such as a friendship circle or unit cheers. Campers should get drinks, go to the bathroom, and look for misplaced belongings **before** getting ready to go home.

1. Before Closing Exercises, check that all belongings are packed neatly.
2. Campers will be called when their parents arrive.
3. All air conditioners and lights must be turned off when exiting the bunk room. Place chairs on top of the tables. The cleaning crew is only responsible for floors and trash removal.
4. Campers not called for dismissal must be escorted to After-Care by a counselor.
5. **All staff members must sign out before leaving camp, or they will only receive half a days pay.**

## Lost and Found

A good measure of the extent to which a counselor cares for his bunk is how that counselor handles matters relating to lost clothing and other personal belongings. Campers and parents alike are upset when articles of clothing are misplaced. Minimize lost clothing and personal items by checking chairs, tables, and bunk area. Bring items to the Camp Office that do not appear to belong to anyone in your bunk.

# Lunch and General Procedures

## Late and forgotten lunches

Sometimes campers forget their lunch. The camp will provide a lunch if this occurs.

## Lunch Time

1. Lunch will be served in the Lunch Room.
2. Counselors should seat campers promptly in assigned area.
3. All campers should wash and recite the Ha-Motzi blessing together.
4. Distribute and eat lunches in an orderly manner.
5. After lunch, campers will all recite grace after meals together being led by the counselors.
6. After eating, wait patiently for the end of lunch period.
7. During the lunch period, counselors must remain with their campers. **Lack of supervision during lunch is not acceptable.**
8. Each bunk is responsible to throw out their trash. Make sure all trash is put in the correct receptacle.

## Snacks

Snacks will be available in the snack cabinet along with ice pops in the kitchen freezer. Return all excess snacks and seal properly. Remember: only one snack per camper. Recite appropriate blessings before you begin eating snacks.

## Other Dietary and Food Information

Staff members are asked to be considerate and respectful of the practices of our observant campers and staff.

## Food Allergies

Some of our campers are known to have allergies to certain foods. Food allergies may be mild, moderate or severe. Severe food allergies have been known to be near fatal if not properly addressed. Every bunk room will have a list posted of campers with allergies and medical alerts. Please be aware of this and watch each and every camper carefully while they are eating.

Common food allergies occur with different nuts, dairy products, and certain fruits. We prohibit the sharing of food in order to prevent the accidental ingestion of an allergen by a camper. Should an allergic reaction occur, be it a simple hive or a severe reaction, **contact the Director immediately and call 911 if it is an emergency.**

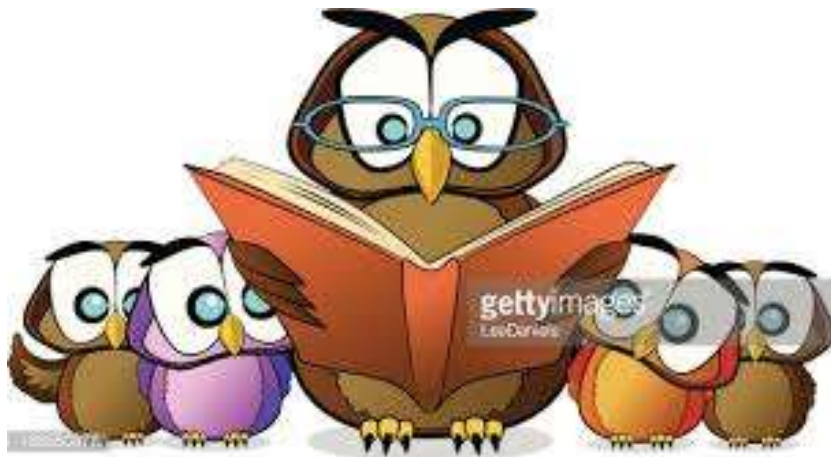


## Section 3: Health and Safety

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“...You’re the little fellow’s idol;  
you’re the wisest of the wise.

In his little mind, about you,  
no suspicions ever rise ...”







## Health and Safety

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### Confidentiality

All health forms will be kept in the Camp Office. Information shall be provided on a need-to-know basis only. Please remember, do not disclose any personal or medical information when speaking with campers.

### Camp Medical Staff On-Call

Camp Ahava has two nurses (Tatyana Paulay and Sharon Knecht Biller) who are on-call in case a medical condition arises. The nurses have approved all health plans and procedures for camp. In case of a medical emergency, camp staff should immediately call 911.

### Cardinal Rules

- Never lay a hand on a camper.
- Verbal abuse, sexual harassment, and the "R" rated language is strictly forbidden.
- Do not place yourself in any questionable situations.
- It is your legal responsibility to report to the Camp Director any instances of observed or suspected physical or sexual abuse of campers or staff by either an individual's family or a member of the camp community. We will contact the proper authorities if such a circumstance arises.

## Strive for Safety

1. Keep camper and staff medications in the medication lock box located by the First Aid supplies in the Camp Office.
2. All information about medical conditions, concerns or injuries should be brought to the Camp Director's attention ASAP.
3. Bring Camper to the office with invisible insect bites, bee stings, mythical headaches, stomach aches, sprains, or any other concerns.
4. Campers that receive medication must be escorted by a counselor to the Camp Office.  
The office will fill out a medical log each time a medication is dispensed.
5. Moving an injured person with potential head, neck or back injuries can cause additional permanent and severe damage. Should any such trauma occur, **DO NOT PICK UP OR MOVE THE INDIVIDUAL! Go to the Camp Office and notify the Camp Director immediately!**
6. Unusual behavior or listlessness may indicate illness.
7. Report itching, eye discharge, rashes, bruises and/or sores.
8. Protect campers against sunburn. Encourage the usage of hats and sunscreen. Alternative activities may have to be scheduled on high humidity days in order to avoid heat exhaustion.
10. All staff will be presented with all medical information pertaining to campers in their care, at the beginning of

# Health and Safety

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camp. Staff members must fill out the Medical Incident and Injury Log Red Binder which is located in the camp office, after each injury.

11. Staff members may not dispense medication to campers.

\*If a camper cuts himself/herself, a counselor may: wash the area and apply a band aid. All other injuries must be brought to the attention of the Camp Director, or Camp Nurses, Tatyana Paulay and/or Sharon Knecht Biller.

12. Should a parent or camper make you aware of a new medical or health problem, share that information with the Camp Director. Advise parents to do the same.

## Prevent Camp Injuries

1. Closed toe shoes must be worn at all times except in the pool area.
2. Rough-housing is strictly prohibited.
3. Observe safety rules and regulations in all activity areas.
4. Hats should be worn outside whenever possible.
5. Barbecue grills, camp fires and campers do not mix. Make sure they never do.

## Did you know?

An adult staff member must accompany a camper if there is a need for treatment. Copies of camper's health information and emergency contact information must be brought on field trips of more than 20 miles from the camp site or will otherwise be faxed to the treatment facility.

## Health and Accident Policy

If a camper or adult is injured or having a medical emergency, do not leave the person unattended. Send someone else for help and call 911. Check for visible injuries and control bleeding. Keep the person calm and perfectly still while you send someone for the Camp Director. Remember the information taught at CPR/First Aid class. Try to keep the situation as calm as possible.

The following are initial procedures for various medical conditions that commonly occur at camp. Perform procedure as stated.

- **Cuts or lacerations:** Control bleeding by covering wound with a clean cloth. Apply pressure with gloved hand. If you do not have gloves, have injured person apply pressure. Bring person to Camp Office unless bleeding is extremely severe.
- **Nosebleed:** Have injured person squeeze nostrils together by applying pressure to both sides of the nose. Bring person to Camp Office.
- **Sprains or strains:** If injury does not appear severe, help person to camp office.
- **Fractures:** Keep person calm. Do not move him. Send for Camp Associate Director immediately.
- **Seizures:** Keep the individual lying down. Remove any nearby objects that may pose a danger. **Do not put anything in person's mouth.** Keep others away and send for Camp Director immediately.
- **Splinters:** Do not remove splinter. Bring person to the Camp Office.

- **Ticks:** Do not remove tick. Bring person to Camp Office.
- **Bee stings:** Do not pull stinger out. Bring person to Camp Office immediately. We have an epi-pen in the office in case of severe allergic reaction.

### Procedure for Dispensing Medication:

- No Counselor may dispense medication to a camper with the exception of an epi-pen.
- Tylenol, inhalers, or any other medication that is prescribed by a camper's physician will be dispensed by a camp administrator only, with parental permission and with written instructions by a physician. All medication will be stored in a lock box in the Camp Office.
- All staff members **must** wear gloves before cleaning any wounds.

### Exclusion from Activities

If a staff member/camper has a contagious condition or illness, such as a fever of 100 or above, vomiting, diarrhea, etc., keep them isolated in the Camp Office until a parent or legal guardian is contacted. Campers must be fever free for 24 hours before returning to camp and must be accompanied with a doctor's note.

During any field trip, should a camper become ill or injured, please take the following precautions:

## Health and Safety

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1. Staff member in charge must determine if camper should continue with the group, remain on bus or grounds, be taken for medical care or be sent home.
2. Decisions must be made in cooperation and consultation with the Camp Director, available medical personnel and camper's parent or physician (via phone).
3. Staff member shall remain with camper at all times until parent or a legal guardian has arrived.
4. These same policies apply to all staff members under age 18.

### Keep Cool

Encourage campers to wear hats when outdoors. Counselors must wear a hat as an example.

In case of extreme heat, encourage campers to make frequent stops at the water coolers and fountains located around the camp grounds. Staff should do the same. It is the responsibility of the counselors and instructors to see that water cups are not misused. Campers and staff can help by seeing that water and supplies are used as intended.

### Immunizations

All Staff members and campers are required to submit proper documentation of a current physical exam and updated immunization records. Campers whose immunization records are missing or delayed must provide a doctors note of explanation. All campers must have their tetanus vaccination up to date.

## Health and Safety

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Staff members must have their proper forms to work at camp. Each staff member must fill out a health history form before the start of camp.

### HIV and AIDS

Unfortunately, there is no way to know if anyone we meet is a carrier of or possesses the HIV/AIDS virus. Therefore, it is camp's policy to follow the Universal Precautions Policy used in hospitals and most schools. Under the policy, we assume that anyone may be infected with the HIV/AIDS virus. Gloves must be worn at all times when coming in contact with blood or any other body fluids and secretions. Gloves will be available in the First Aid Box located in the Camp Office.

### Suicide

Although not everyone who threatens suicide or thinks about death will follow through, those behaviors must be taken seriously and be acted upon ASAP. Report any observations of this behavior to the Camp Director immediately.

### Hazardous Materials

Hazardous Materials (HAZMATS) include all poisonous, flammable and explosive items. HAZMATS should be handled only by those who received training and show competence in handling materials in a safe and proper manner. These persons are: Maintenance

Staff, certified lifeguard or Operations Staff. Materials must be stored away from campers and stored in clearly labeled containers.

Materials which should be handled in a special manner include gasoline, diesel fuel, propane, torch lamp fuel, lighter fluid, insecticides, and pesticides.

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“...He believes in you devoutly,  
Holds in all you say and do.

He will say and do in your way,  
when he grows up to be like you...”

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## **Section 4:**

### **Operations for Emergency Management (OEM)**

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#### **In the Event of a Fire**

1. If you are next to the fire alarm, pull the fire alarm located on the wall adjacent to the camp office.
2. Call the Fire Department at 911
3. If evacuation is deemed necessary, campers will remain in bunk groups and walk from the camp facility to safety outside of the building.
4. If shelter is necessary, our campers will seek shelter next door at the Christian Reformed Church, 1501 Arcola Avenue. Tel: 301 570-5050
5. If evacuation is necessary, be aware of emergency vehicles.
6. In the event that we need to evacuate the area, we will go to Congregation Har Tzeon at 1840 University Blvd West, Silver Spring, MD 20902. Tel: 301 649-3800

#### **Closings and Evacuations**

1. If there is a closing or early evacuation due to fire or flood, appropriate notice will be made to the parents by utilizing the media or local television station.
2. During an early closing, all parents/legal guardians will be called and/or emailed to pick up their child/children.

# **Emergency Camper Relocation**

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Our first concern is to relocate campers from danger.

1. The emergency signal is either a fire alarm or three short blasts in an air horn.
2. If you hear the emergency signal, immediately cease all activity and gather your campers together in one place. Account for every camper in your bunk.
3. Move as quickly as possible to your bunk's designated area. The Counselor will take attendance of all campers and staff. If any camper is missing, a counselor must inform the office immediately.
4. Instructional staff follows these procedures to make sure all campers are with their bunks.  
Sports Instructor must check that everyone has vacated the field/playground.
5. Arts and Crafts, Baking, Gymnastics, Dance, and Music Instructors: please check that no one is in the main room and/or bathrooms.

When the emergency is over, you will hear the "all clear" signal of one long blast on an air horn. At that time, you may proceed with your normal schedule.

**During an emergency, be sure all your campers are with you. Keep them calm. Talk or play simple word games or otherwise divert their attention while waiting for instructions from the Director.**

# Accounting for Campers

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## Did you know...?



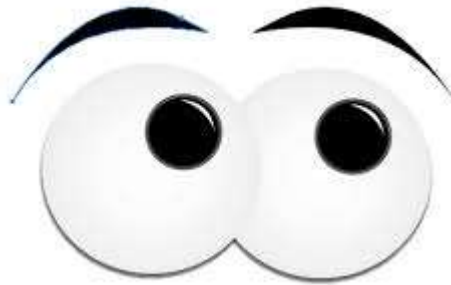
Counselors shall always carry bunk roll sheet. Counselors should be able to verify when a camper is absent on any given day. At the pool, each bunk should have its own "gathering place" where they meet upon command to allow for quick attendance verification.

## Missing Campers

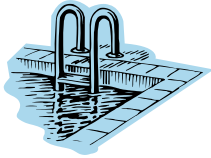
Prevent missing campers by following these practices:

1. Instruct campers not to leave group without permission.
2. Be alert for prompt return of older campers who have been given permission by their counselor to leave the group.
3. Make it a practice to walk as a group with one counselor in front and another in the rear, especially when walking on nature hikes and/or field trips.
4. Take "silent" attendance often and regularly throughout the camp day.
5. If a camper is missing, immediately check along the route of travel and in the restrooms. If the camper isn't found immediately, report to the Camp Director with the name and description of the camper.

**“...There’s a wide-eyed little fellow,  
who believes you’re always right.**



**And his ears are always open.  
And he watches you day and  
night...”**



## Section 5

# Programming

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Our campers will swim at Parkland Pool this summer located at 1124 Arcola Avenue, Silver Spring, MD 20902.

Phone: [\(301\) 649-5670](tel:3016495670)

Campers will wear color coded wrist bands (red, yellow or green) after being tested by a certified lifeguard at the pool in order for our staff to identify the level of swimming proficiency of each camper for safety precautions.

Most campers take pride in swimming skills and they like to demonstrate their accomplishments to their counselors. Campers also feel secure when their counselors are with them, especially at the pool. For those reasons, the positive, involved presence of counselors at the pool is extremely important. There are various responsibilities which counselors will be asked to assume while their bunks are at the pool. These include:

1. Watching the campers in the pool constantly during any swim period. There will be one counselor watching 4-5 campers, for a ratio of 1-4/5.

Supervision of non-swimmers will be assigned responsibility.

1. You will watch the non-swimmers at all times. You will help with: bathroom needs, cuts, bruises, or any other needs of the campers. Never ever leave a camper unattended.

\*Lists will be given to staff members of swimmers and non-swimmers. Staff must watch that non-swimmers always stay in the shallow water. Swimmers may enter the deep waters if they wish to do so as long as they are supervised by our camp staff.

A swimming safety plan will be signed by each staff member before the beginning of our camp session.

## Procedures

Twice a week on Tuesdays and Thursdays, we will go to Parkland Pool together.

- \* Please make sure all campers use the restroom and take a drink of water from the water fountain before we leave camp premises.
- \* Each camper must bring their backpack with their change of clothing.
- \* Have campers fill up their water bottles before leaving the building.
- \* Counselors must bring an attendance sheet on all field trips showing designated staff in charge of which campers they are supervising.
- \* The Director will remain at the pool at all times. In case of an emergency where the Director must leave the pool, a designated staff member will take her place.
- \* A list of swimmers and non-swimmers will be given to the Director by each Counselor.

### Water Test

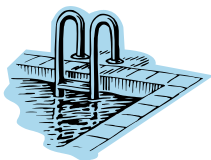
Each camper will have to take a swim test before entering the pool for the first time. This test includes swimming one length of the pool without touching the bottom, or holding onto any object for support. It also includes the ability to tread water for 30 seconds.

Color coded wrist bands will be given out to each camper, which must be worn everyday at the pool indicating the camper's swimming ability.

**Red=Beginners (Shallow water ONLY)**

**Yellow=Intermediate (Deep water permissible with caution)**

**Green=Advanced (Deep water permissible)**



## Programming

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A Lifeguard from Parkland Pool will give a swimming ability test to each camper "The Deep Water" test.

- All campers who do not pass the swim test will receive a red bracelet and will not be allowed to swim past 3 feet, which is equivalent to Chest Deep.
- All campers who are intermediate swimmers and can tread water will receive a yellow bracelet.
- All campers who pass the Deep Water Test will receive a green bracelet, which will allow them access to the entire pool.
- **Attention Counselors: Please make sure that campers apply sunscreen before leaving for the pool.**
- **All counselors are expected to be in a bathing suit and in the pool supervising the campers. NO exceptions!**

Campers will not be permitted to enter the water without their swimming wrist band. The Director will bring extra wrist bands to the pool in case a camper has lost or misplaced his/her wrist band. Counselors should be on the alert if a camper does not have a swim wrist band on Tuesdays and Thursdays, and notify the Director immediately.

Be prepared to follow directions given by Parkland Pool staff. Before leaving the pool area, counselors should take attendance one more time.

***Attention Counselors: Remember - safety is our #1 priority!!***

# Trip Safety Plan

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## Off Campus Trips

Camp trips will take place on a Wednesdays. The Director will lead the camp on every trip. A bus will take us to our destination and bring us back before 3:30 pm. Dismissal time. When campers are on a field trip, counselors must strictly supervise each camper, the ratio of counselor to camper is 1:5.

Duplicate copies of the camper's attendance, medical history and medical release forms will accompany the Camp Director on trips. Prior to each trip, all counselors will meet with the Director after camp dismissal for 30-45 minutes for a staff meeting.

- Before the bus leaves, all counselors are required to take a head count 3 times.
- During the course of the trip, all counselors are expected to take **3 head counts** and **10 silent counts**.
- Before the bus leaves, all counselors must take 3 head counts and report to the Camp Director.
- The Camp Director will then do a final count of all campers and staff members before the bus departs back to camp grounds.



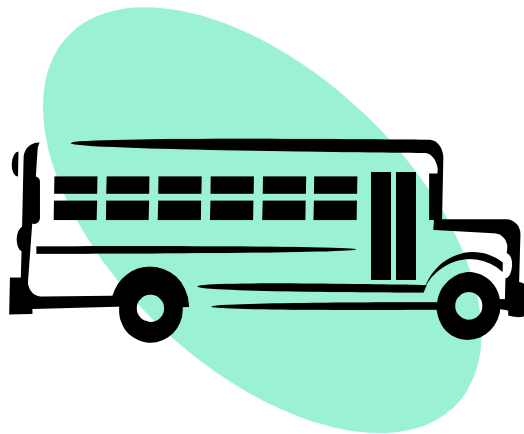
# Programming

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- In case of the bus breaking down, the Director will inform the camp office staff of any delays. The Director will contact the bus company to send out another bus immediately. The Director will be in touch with the bus company throughout the duration of the breakdown.
- In the event of inclement weather, the Director will assess the condition and decide whether the field trip will take place or not.
- In the event of inclement weather during a field trip, the Director will assess the condition and seek shelter if necessary.

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While on the bus traveling to the trip destination, campers and staff should be reminded to wear a safety belt, collect and dispose properly of trash, not to speak to strangers, stay with their "buddy" and to go to the public restrooms only as a group and with a staff member.

It is mandatory for all campers and staff to wear a Camp Ahava t-shirt on all field trips!



# Special Programming

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## Special Events & Activities at Camp

Since staff members serve as role models for our campers, it is particularly important for each staff member to participate in special events with enthusiasm and to motivate campers to do so, too. Special events will occur usually on Mondays and Fridays.

## Counselor Planned Activities

Counselors may be required to lead an activity period. We prefer to see diversity rather than repeat activities.

In the event of typical summer showers.....

- Almost all activities will continue besides swimming which will be decided based on the weather and notification from the Parkland Pool staff.
- Counselors should have adequate programming ready for rainy days. This is done in advance and left in the Camp Office with the Director for review.
- Counselors must remain with their bunk at all times while their bunk is confined indoors.

“...You are setting an example,  
every day in everything you do.

For the little child who is waiting,  
to grow up and be like you.”

Joe Lee Johnson

Enjoy camp, have a great time, and  
don't forget to smile!!



## Rodef Shalom



## Seeking Peace

Let there be peace on earth, and let it begin with me. Let there be peace on earth, the peace that was meant to be.

With so much to live for, so much that we can be,

Let us walk with each other in perfect harmony.

Let peace begin with me; let this be the moment now.

With every step I take, let this be my solemn vow.

To take each moment & live each moment in peace eternally,

Let there be peace on earth and let it begin with me.

We speak about bringing peace into the world, but it often seems like an impossible task. After all, nations are still fighting wars against each other. How can one person help bring peace into the world?

The answer lies in the things that we do day by day. Each act of peace within our own lives seems like a simple matter. It may only be avoiding an argument with our parents, or it may mean not arguing with a brother or sister. These small acts help bring peace into the world.

The fact of the matter is that we cannot hesitate in the case of peace, we must pursue it. So great is a need for peace that waiting will not do.

**\*\*Camp Ahava\*\***

Where Love and Growth  
Come Together